



## MMS Round Table – Mental Health – How to support staff affected by a trauma?



Graves in the aftermath of Haiti earthquake ©The Gardian

**Date:** Tuesday 6 June 2017

**Venue:** In Bern, place to be confirmed

**Time:** 3pm – 5pm (approx. 2 h)

**Background:** The effect of traumas on the workforce in developing countries is far more serious than many people realize. A trauma can result from a war experience, natural disasters or from political tensions. Trauma impacts every aspect of a person’s effectiveness in the workplace. Traumatized workers are compromised in their ability to learn, think, manage change, and relate to others. They are more likely to have mental and physical health problems, including depression and substance abuse. This has also been the project experience of several MMS Network members.

MMS Network members asked to exchange experiences among other members on how staff affected by a trauma influence the organisation and the implementation of projects and programs.

**Aim:**

- ✓ To exchange about self-care for traumatised staff and how to overcome obstacles related project management and staff affected by traumas
- ✓ To explore how psycho-social support trainings for staff and for beneficiaries can enhance project outcome

**Agenda:**

Time	Content / topic	By
3:00 – 3:20pm	Welcome and sharing of experience	Moderated by Carine Weiss, MMS
3:20- 4:15pm	The Psychosocial support Programme for staff – an example from Terres des Hommes Schweiz	Irene Bush: Regional Programme Coordinator Desk for Psychosocial Support - terre des hommes schweiz
4:15 - 5pm	Discussion of how to move forward	Moderated by Carine Weiss, MMS

**Output:** a) Knowledge exchange on psychosocial support and sharing of experiences among MMS members; b) How to move forward: is there a need and interest to dig deeper into this topic? And if so, how?