

Communicable Diseases

Morogoro Tanzania

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Tanzania profile

- Country in Eastern Africa
- Kenya and Uganda in north
- DRC in the West
- Zambia Malawi and Mozambique in the South
- Indian ocean to the East



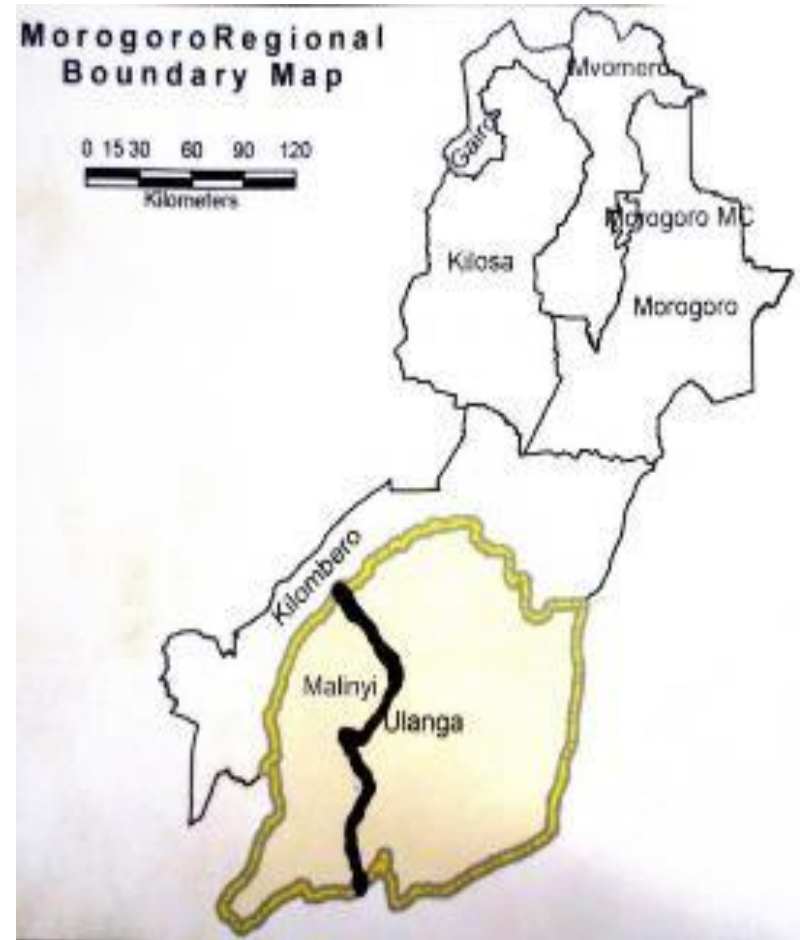
Tanzania Profile

- Mount Kilimanjaro in the north East
- Estimated population of 55.57 million (2016)
- 365,756 km² 13th in Africa and 36th in world



Morogoro Profile

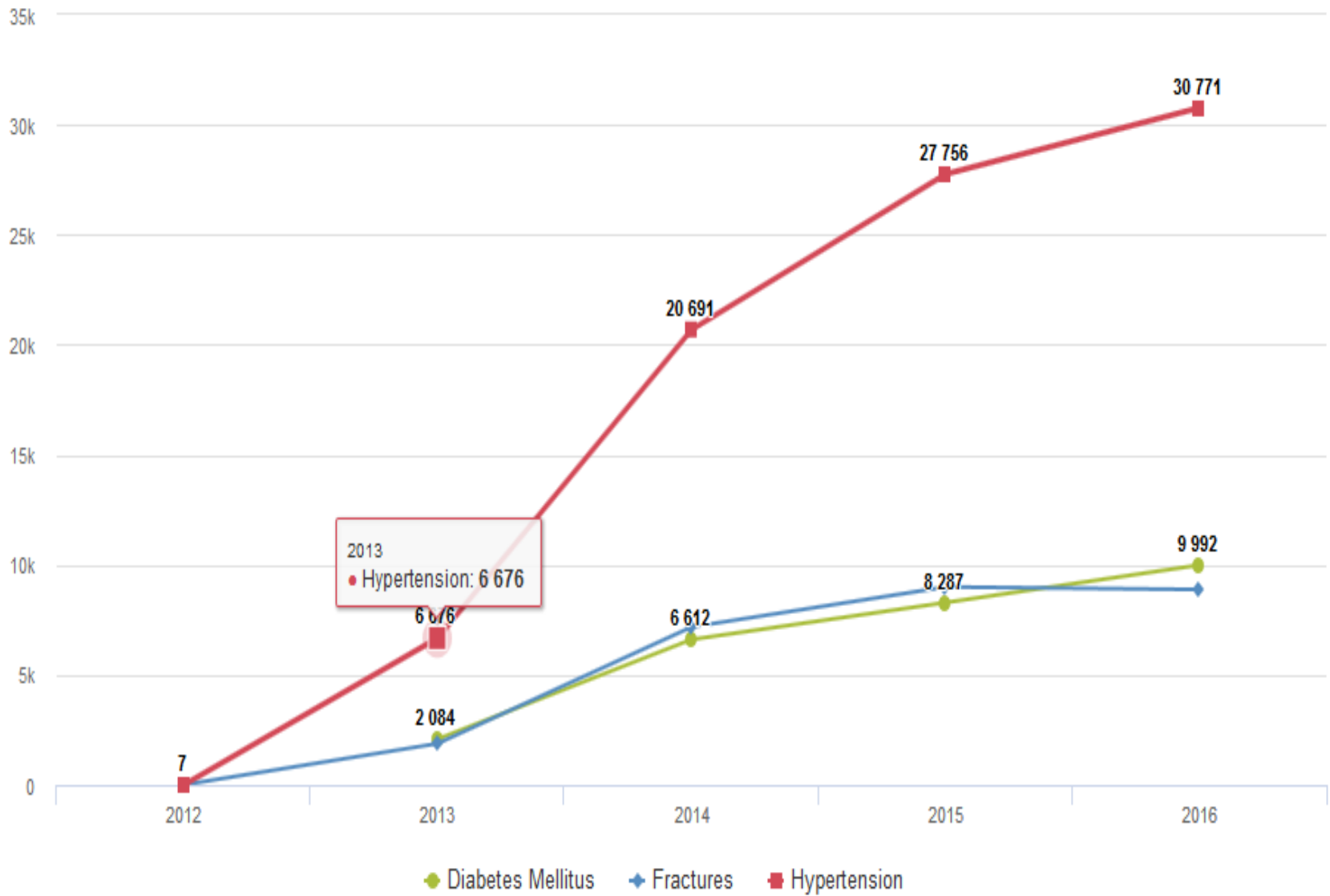
- Total population 2,457,468
- Km square 22,240
- 411 Health facilities
- 13 Hospitals
- 52 Health centre
- 346 Dispensaries
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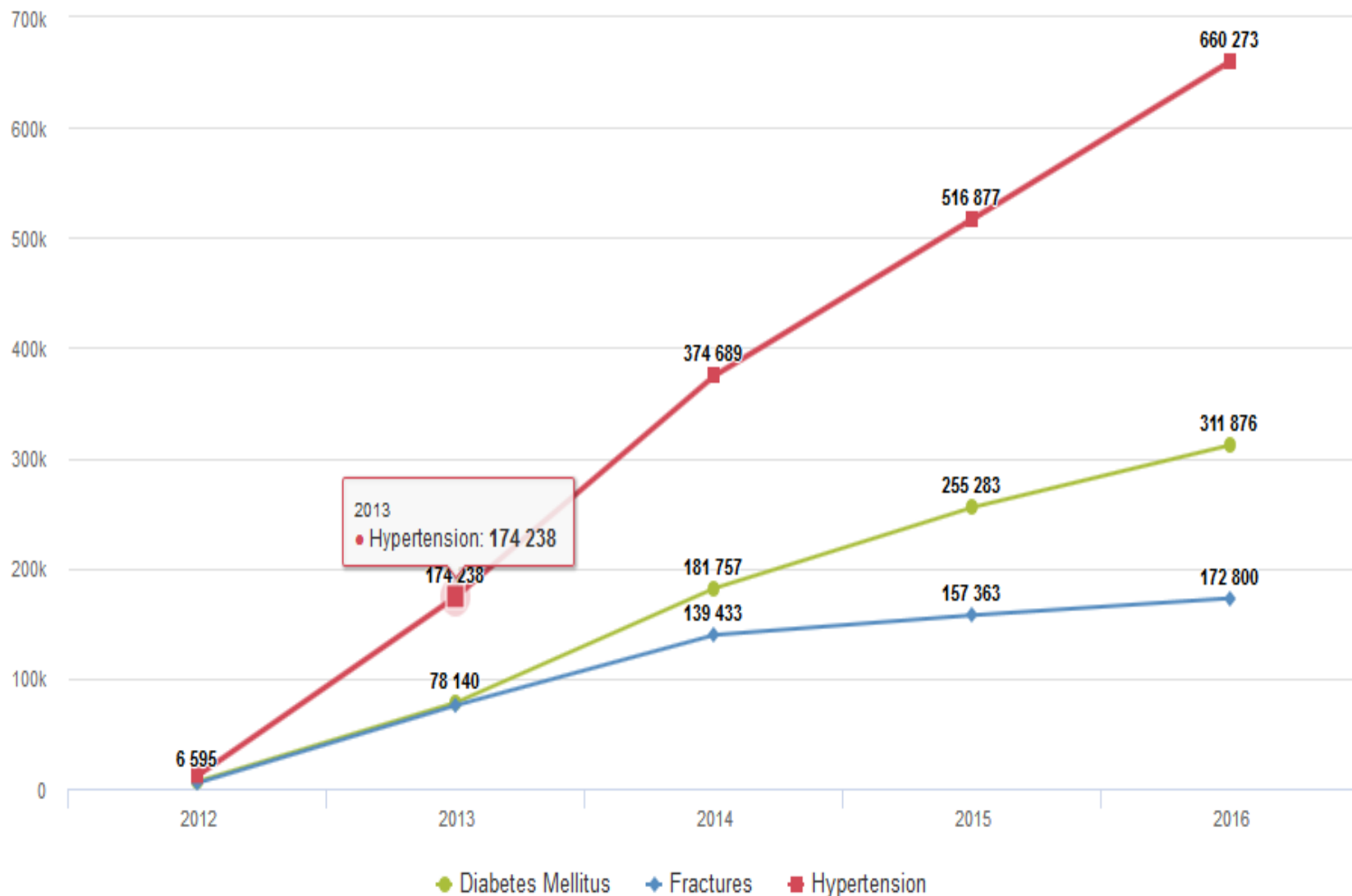
NCD in Tanzania

- Previously health sector priority has been on the fight against communicable diseases.
- With the rising burden of NCD,
- Emphasis is now shifting from treatment or curative services to preventive services
- NCD like Diabetes Cancer Cardiovascular diseases contribute about third of all death in the country

Morogoro Region



MOH - Tanzania



Risk factors

- Tobacco users (15.9%),
- Alcohol drinkers (29.3%),
- Overweight and obese (34.7%),
- Raised cholesterol (26%)
- Raised triglycerides (33.8%).
- Diabetes (9.1%) and
- Hypertension (25.9%).
- WHO STEP survey 2012

Challenges on reducing NCD

- Low level community and stakeholder on awareness and knowledge
- Absent of multi-sectoral responses
- Inadequate resources (human infrastructure funds)
- Poor NCD surveillance and monitoring
- Poor governance and leadership
- Low capacity of health services provider
- Pre occupied with communicable diseases

Approaches to prevention of NCD

- Mult sectoral engagement and collaboration
- Primary prevention
- Health system strengthening
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NCD ACTION PLAN OBJECTIVES

- To Advocate for NCD prevention and control as a National Priority by 2020
- To strengthen leadership, governance, multispectral collaboration and accountability for prevention and control of NCDs by 2020.

NCD ACTION PLAN OBJECTIVES

- To strengthen and reorient health systems to address NCD through promotive, preventive, curative and rehabilitative services by 2020.
- To strengthen national capacity for NCD surveillance, research for evidence based planning, monitoring and evaluation by 2020.